



Certificate of Achievement

This certifies that

_____ has achieved skills in A / Water Discovery.

Instructor: _____

Date: _____

My next stage should be: A / Water Discovery B / Water Exploration

YMCA Swim Lessons



Certificate of Achievement

This certifies that

_____ has achieved skills in A / Water Discovery.

Instructor: _____

Date: _____

My next stage should be: A / Water Discovery B / Water Exploration

YMCA Swim Lessons

I'm awesome at: _____

I can improve on: _____

Swimming Skills Developed



Blow bubbles
on surface, assisted



Front tow
chin in water, assisted



Water exit
parent & child together



Water entry
parent & child together



Back float
assisted, head on shoulder



achieved taught, but yet to be achieved

Roll
assisted, back to front & front to back



Front float
chin in water, assisted



Back tow
assisted, head on shoulder



Wall grab
assisted

Topics Introduced

Ask Permission
Swim Attire
Safe Swim Area
Lifeguards

Drowning
Life Jackets
Rescue Breathing
Backyard Pools

I'm awesome at: _____

I can improve on: _____

Swimming Skills Developed



Blow bubbles
on surface, assisted



Front tow
chin in water, assisted



Water exit
parent & child together



Water entry
parent & child together



Back float
assisted, head on shoulder



achieved taught, but yet to be achieved

Roll
assisted, back to front & front to back



Front float
chin in water, assisted



Back tow
assisted, head on shoulder



Wall grab
assisted

Topics Introduced

Ask Permission
Swim Attire
Safe Swim Area
Lifeguards

Drowning
Life Jackets
Rescue Breathing
Backyard Pools