

Certificate of Achievement

This certifies that

has achiev	ved skills in A / Water Discovery.	
Instructor:	Date:	
My next stage should be: 🗌 A / Water Discovery	B / Water Exploration	YMCA Swim Lessons
the A / WATER DISCOVERY		

Certificate of Achievement

This certifies that

has achieved skills in A / Water Discovery.

Instructor: ____

Date: ____

Swimming Skills Developed

A
K.

on surface, assisted

Blow bubbles

chin in water, assisted

Water exit parent & child together

Water entry parent & child together

Back float assisted, head on shoulder $igodoldsymbol{igo$

Roll assisted, back to front & front to back



Front float chin in water, assisted

Back tow assisted, head on shoulder



Wall grab assisted

Topics Introduced

Ask Permission	Drowning
Swim Attire	Life Jackets
Safe Swim Area	Rescue Breathing
Lifeguards	Backyard Pools

I'm awesome at: _____

Swimming Skills Developed



Blow bubbles on surface, assisted



) **Front tow** chin in water, assisted

Water exit parent & child together

) Water entry parent & child together

Back float assisted, head on shoulder



🗙 achieved 🛛 taught, but yet to be achieved

Roll

S6



Front float chin in water, assisted

assisted, back to front & front to back

Back tow assisted, head on shoulder



Wall grab assisted

Topics Introduced

Ask Permission Swim Attire Safe Swim Area Lifeguards Drowning Life Jackets Rescue Breathing Backyard Pools