Instructor: _____ Date: ____



	hould be: 4 / Stroke Introduction 5 / Stro	ke Development	
Swimming	Skills Developed		achieved I taught, but yet to be achieved
	Endurance any stroke or combination of strokes, 25 yd. Front crawl rotary breathing, 15 yd. Back crawl 15 yd. Dive sitting		Resting stroke elementary backstroke, 15 yd. Tread water scissor & whip kick, 1 min. Breaststroke kick, 15 yd. Butterfly kick, 15 yd.
			YMCA Swim Lessons
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he 4	/ STROKE INTRODUCTION		Mid-Session Report
So.	/ STROKE INTRODUCTION	Instructor:	Mid-Session Report Date:
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Swimmer Feedback	
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William Peedback	
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